



2nd Newsletter – September 2023

Objectives of the BE-WELL project

BE-WELL is a transnational project funded by the Erasmus+ programme of the European Union. Our partnership strives to support young employees and vocational educators to deal with mental issues.

Results of the BE-WELL project

We are currently working on three outputs:

- Interactive Micro-Learning Toolkit for Well-being Promotion & MOOC Platform
- Continuous Professional Development Training for Vocational Education Providers
- Policy and Practice Recommendations Report

What has happened recently?

On the 14th and 15th of September, project managers from the seven EU partner countries (Greece, Cyprus, Spain, Ireland, Austria, Bulgaria, and Portugal) met in Lisbon, Portugal, warmly hosted by Mindshift. During this meeting, partners discussed the progress and agreed upon the next steps for the development of the BE-WELL Interactive Micro-Learning Toolkit for Well-being Promotion, and the Continuous Professional Development Training for Vocational Education Providers.



What are the next steps?

Currently the partners are working hard to finalise the development of the 28-day well-being planner that will act as a personalised, interactive learning resource for young employees in companies. In parallel, they are also working on developing the 42-hour Continuous Professional Development Training programme for VET trainers introducing well-being, work-based learning and micro-learning models.

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